

ONE

TWO

THREE

AVAILABLE EVERY DAY...

2 Sept, 23 Sept, 14 Oct
11 Nov, 2 Dec

9 Sept, 30 Sept, 21 Oct
18 Nov, 9 Dec

16 Sept, 7 Oct, 4 Nov
25 Nov, 16 Dec

Pork Sausage in a Hot Dog Roll with Potato Wedges
Quorn Sausage in a Hot Dog Roll with Potato Wedges
Jacket Potato with Tuna Mayonnaise
Sweetcorn & Peas
Apple & Strawberry Strudel with Custard Yoghurt / Fresh Fruit Platter

Macaroni Cheese
Five Bean Chilli with Rice
Jacket Potato with Cheese
Green Beans & Carrots
Carrot & Courgette Cake with Custard Yoghurt / Fresh Fruit Salad

Roast Chicken & Stuffing with Roast Potatoes & Gravy
Mixed Vegetable Loaf with Roast Potatoes & Gravy
Jacket Potato with Tuna Mayonnaise
Cauliflower & Broccoli
Oaty Cookie
Yoghurt / Fresh Fruit Platter

Chicken Arrabiata Pasta
Potato & Courgette Layer Bake
Jacket Potato with Cheese
Roasted Mixed Vegetables
Lemon & Cucumber Sponge
Yoghurt / Fresh Fruit Salad

MSC Fish Fingers / Salmon Fish Fingers with Chips & Homemade Tomato Sauce
Cheese & Onion Quiche with Chips
Jacket Potato with Baked Beans
Baked Beans & Peas
Fruit & Yoghurt Station

PIZZA DAY
Cheese & Tomato or Roasted Vegetable served with Salad
Jacket Potato with Baked Beans
Peppers & Green Beans
Wholemeal Pear Crumble with Custard Yoghurt / Fresh Fruit Salad

Cottage Pie with Gravy
Vegetarian Spaghetti Bolognese
Jacket Potato with Cheese
Peas & Cauliflower
Fruit Shortbread
Yoghurt / Fresh Fruit Platter

Roast Turkey with Roasted New Potatoes & Gravy
Quorn Fillet with Roasted New Potatoes & Gravy
Jacket Potato with Tuna Mayonnaise
Cabbage & Carrots
Apple Flapjack
Yoghurt / Fresh Fruit Salad

Sweet & Sour Pork with Rice
Lentil & Sweet Potato Curry with Rice
Jacket Potato with Baked Beans
Sweetcorn & Baked Tomatoes
Carrot & Raisin Cake with Custard Yoghurt / Fresh Fruit Platter

MSC Breaded Fish with Chips
Red Pepper & Cheese Frittata
Jacket Potato with Tuna Mayonnaise
Baked Beans & Peas
Fruit & Yoghurt Station

Spaghetti Bolognese
Cheese & Tomato Pinwheel with Jacket Wedges
Jacket Potato with Cheese
Peas & Carrots
Orange & Ginger Cake with Custard Yoghurt / Fresh Fruit Salad

Chicken Tikka with Rice
Creamy Vegetable Pie with Mashed Potato Topping & Gravy
Jacket Potato with Tuna Mayonnaise
Sweetcorn & Broccoli
Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Platter

Roast (as advertised) with Roast Potatoes & Gravy
Vegetarian Wellington with Roast Potatoes & Gravy
Jacket Potato with Baked Beans
Fresh Mixed Seasonal Vegetables
Apple, Cheese & Biscuits
Yoghurt / Fresh Fruit Salad

Beef Lasagne with Garlic Bread
Roasted Cauliflower Curry with Rice
Jacket Potato with Tuna Mayonnaise
Tomato & Onion Salad and Green Beans
Chocolate & Mandarin Sponge with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

MSC Fish in Batter with Chips
Quorn Burger with Chips
Jacket Potato with Baked Beans
Baked Beans & Peas
Fruit & Yoghurt Station

Bread
freshly baked on site daily
Daily salad selection
there will be a selection of salad items available daily
Jacket potatoes & toppings
available where advertised
Sandwich/baguette
available where advertised

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards
We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V Vegetarian option

 Oily fish

 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code
MML - C 1009

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY