



INVESTORS
IN PEOPLE

Bronze



Lyndhurst Junior School

A King's Group Academy

Year 6 - Sex and Relationship Education

Dear Parents / Guardians

As part of our curriculum, the year 6 children will be taking part in sex and relationship education lessons. For the three sessions planned boys and girls will be split. These lessons will take place on Monday 18th June and Tuesday 19th June. During each lesson the children will watch an animated DVD, after which, time will be given for discussion and independent activities.

Lesson 1 – Changes

This programme explores the physical changes that take place at the onset of puberty and how we feel about ourselves. It reaffirms that puberty is a normal and natural process.

Lesson 2 – How Babies Are Made

This programme examines the whole process of life cycles and reproduction, rites of passage, friendships and feelings. It emphasises the importance of loving, caring relationships between couples and the value of family.

Lesson 3 – How Babies Are Born

This programme reviews relationships and feelings and investigates roles and responsibilities. It focuses on the development of the baby in the womb, the needs of mother and baby before the birth and the inheritance of physical characteristics.

Your child may want to discuss these areas further with you at home. Please feel free to contact your child's teacher if you have any further queries.

Thank you for your support

The Year 6 Team

*If you **DO NOT** wish your child to take part in the lessons please return the reply slip below.*

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Child Name

Class

I **DO NOT** wish for my child to take part in the year 6 sex and relationship lessons.

Signed:

www.kgalyndhurst.uk